

TOUR THAMES CENTRE - BUSINESSES

Please ensure to follow all COVID-19 restrictions in place at the time of your visit and visit their website/call ahead to check any restrictions

Take a selfie in front of the business and tag #TourThamesCentre to be entered to win

DORCHESTER

- 1 Mill Pond Tap and Grill
- 2008 Dorchester Road, Dorchester 2 Pine Knot Golf / Mulligans Pub and Grill 5421 Hamilton Road, Dorchester
- 3 Dorchester Terrace
- 143 Byron Avenue, Dorchester
- 4 Frozen Cow 32 Mill Road, Dorchester
- 5 Apple Land Station
- 329 Richmond Street, Dorchester
- 6 Dorchester Pet Care & Supply 9 Starlight Lane, Dorchester
- 7 TC Brewing Company
- 2008 Dorchester Road, Dorchester 8 Phoenix Hair Nails and Spa
- 2135 Dorchester Road, Dorchester 9 Donnybrook Legion #513
- 1227 Dorchester Road, Dorchester
- 10 Lind Lumber
- 4187 Catherine Street, Dorchester 11) The Healthy Lifestyle Store 4123 Catherine Street, Dorchester

12 Alberta's Restaurant and Pizzeria

- 5163 Hamilton Road, Dorchester For the Look Salon and Spa
- 4032 Hamilton Road, Dorchester (14) Whitecrest Mushrooms and Good Family Food Retail Outlet
- 2899 Cromarty Drive, Dorchester 15 Top of the Hill Shell
- 3922 Hamilton Road, Dorchester
- 16 Dorchester Library
- 2123 Dorchester Road, Dorchester Dorchester Home Hardware
- 4215 Catherine Street, Dorchester **18** Rusted Tailgate
- 4218 Catherine Street, Dorchester
- 19 Fat Olive
- 2135 Dorchester Road, Dorchester 20 J & S Landscaping
- 2768 Catherine Street, Dorchester 21 Tim Hortons - Dorchester
- 2147 Dorchester Road, Dorchester Tim Hortons - Highway 401

3305 Dorchester Road, Dorchester

July 20 – 22: 'Parent Your Way' Challenge

The Kick Ass Mom Academy helps moms destress and feel more confident. Join The Kick Ass Moms Facebook group to practice new skills through our fun, 3-day challenges!

POINTS OF INTEREST

- o No more feeling like you're doing it wrong. Practice making parenting decisions by your own values.
- Aug 10-12: 'Crazy Confidence' Challenge o Insecurities eating you alive? Practice the art of creating confidence from within.
- Aug 24 26: 'Family Fun' Challenge

Kick Ass Mom Challenges

o Let's savour the last week of summer by finding one chance per day to have a little extra family fun.

Canadian Reading Academy - www.canadianreadingacademy.com

Three Little Pebbles - Facebook: Three Little Pebbles