



July 2026



Monday	Tuesday	Wednesday	Thursday	Friday
Program Legend (P) – WOW: Phone (G) – Arena Gym (T) – Thorndale Lions Community Centre (W) – Walking Track (LD) – Lions Den (AC) – Activity Centre (CA) - Creative Art Studio (CH) – Lions Community Hall (K) - Kitchen		1 Centre Closed 	2 Pickleball (G) 7:00am Gentle Yoga (AC) 9:45 a.m. Gentle Pilates (LD) 10:30am Chair Yoga (AC) 11:15am Pickleball (G) 12:00pm Quilting (T) 1:00pm Kurling (T) 1:00pm Shuffleboard (T) 1:00pm 433 Euchre (AC) 1:00pm Bridge (CH) 1:00pm	3 Pickleball (G) 7:00am Indoor Kite 10:30am Flying (G) Pickleball (T) 1:00pm Poker (T) 1:00pm
6 Pickleball (G) 7:00am Chair Yoga (T) 9:00am Gentle Yoga (T) 10:00am Watercolour Paints (T) 1pm Quilting (AC) 12:30pm Pickleball (T) 1:00pm	7 Pickleball (G) 7:00am Bike Riding Club (T) 9:00am Pole Walking (T) 9:00am Gentle Pilates (LD) 9:30am Pickleball (G) 12:00pm 	8 Foot Care Clinic Pickleball (G) 7:00am Strength & Tone (T) 8:45am Mahjong (LD) 9:00am Men's Coffee Hour (T) & Women's Coffee 10:00am Strength & Tone (CH) 10:30am Pickleball (T) 1:00pm Canasta (AC) 1:00pm Bid Euchre (AC) 7:00pm	9 Pickleball (G) 7:00am Gentle Yoga (AC) 9:45a.m Gentle Pilates (LD) 10:30am Chair Yoga (AC) 11:15am Pickleball (G) 12:00pm Kurling (T) 1:00pm Shuffleboard (T) 1:00pm Quilting (T) 1:00pm 433 Euchre (AC) 1:00pm Bridge (CH) 1:00pm	10 Pickleball (G) 7:00am Indoor Kite (G) 10:30am Pickleball (T) 1:00pm Poker (T) 1:00pm
13 Pickleball (G) 7:00am Chair Yoga (T) 9:00am Gentle Yoga (T) 10:00am Watercolour Paints (T) 1pm Quilting (AC) 12:30pm Pickleball (T) 1:00pm	14 Fallsview Casino Bus Trip Pickleball (G) 7:00am Pole Walking (T) 9:00am Gentle Pilates (LD) 9:30am Pickleball (G) 12:00pm Ice Cream Social (T) 2:00pm	15 Pickleball (G) 7:00am No Strength & Tone Today Mahjong (LD) 9:00am DrumFit (AC) 9:45am Men's Coffee Hour (T) & Women's Coffee 10:00am Strength & Tone (CH) 10:30am Pickleball (T) 1:00pm Canasta (AC) 1:00pm Craft Afternoon (T) 2:00pm Bid Euchre (AC) 7:00pm	16 Beef BBQ Dinner 5:30pm Pickleball (G) 7:00am Gentle Yoga (AC) 9:45a.m. Gentle Pilates (LD) 10:30am Chair Yoga (AC) 11:15am Pickleball (G) 12:00pm Quilting (T) 1:00pm Kurling (T) 1:00pm Shuffleboard (T) 1:00pm 433 Euchre (AC) 1:00pm Bridge (CH) 1:00pm	17 Pickleball (G) 7:00am Puzzling Pastimes (T) 10am Indoor Kite 10:30am Flying (G) Pickleball (T) 1:00pm Poker (T) 1:00pm
20 Pickleball (G) 7:00am Chair Yoga (T) 9:00am Gentle Yoga (T) 10:00am Watercolour Paints (T) 1pm Quilting (AC) 12:30pm Pickleball (T) 1:00pm	21 Pickleball (G) 7:00am Pole Walking (T) 9:00am Pickleball (G) 12:00pm Ice T/Lemonade (T) 2:00pm Movie Afternoon (LD) 2:00pm	22 Muskoka Steamship Bus Trip 8:00 a.m. Pickleball (G) 7:00am Strength & Tone (T) 8:45am Mahjong (LD) 9:00am DrumFit (AC) 9:45am Men's Coffee Hour (T) & Women's Coffee 10:00am Strength & Tone (CH) 10:30am Pickleball (T) 1:00pm Canasta (AC) 1:00pm Bid Euchre (AC) 7:00pm	23 Soup Social 12pm Pickleball (G) 7:00am No Gentle Yoga No Gentle Pilates (LD) No Chair Yoga (AC) Pickleball (G) 12:00pm Quilting (T) 1:00pm Kurling (T) 1:00pm Shuffleboard (T) 1:00pm 433 Euchre (AC) 1:00pm Bridge (CH) 1:00pm	24 Pickleball (G) 7:00am Bocce Ball (T) 10:00am Indoor Kite 10:30am Flying (G) Pickleball (T) 1:00pm Poker (T) 1:00pm Travelogue (T) 2:00pm
27 Pickleball (G) 7:00am Chair Yoga (T) 9:00am Gentle Yoga (T) 10:00am Watercolour Paints (T) 1pm Quilting (AC) 12:30pm Pickleball (T) 1:00pm	28 Pickleball (G) 7:00am Pole Walking (T) 9:00am Pickleball (G) 12:00pm Ice Cream Social (T) 2:00pm Painting Afternoon (CA) 12:00pm	29 Pickleball (G) 7:00am Strength & Tone (T) 8:45am Mahjong (LD) 9:00am DrumFit (AC) 9:45am Men's Coffee Hour (T) & Women's Coffee 10:00am Strength & Tone (CH) 10:30am Pickleball (T) 1:00pm Canasta (AC) 1:00pm Movie Afternoon (T) 2:00pm Bid Euchre (AC) 7:00pm	30 Pickleball (G) 7:00am Gentle Yoga (AC) 9:45a.m. Gentle Pilates (LD) 10:30am Chair Yoga (AC) 11:15am Pickleball (G) 12:00pm Quilting (T) 1:00pm Kurling (T) 1:00pm Shuffleboard (T) 1:00pm 433 Euchre (AC) 1:00pm Bridge (CH) 1:00pm	31 Pickleball (G) 7:00am Puzzling Pastimes (T) 10am Indoor Kite (G) 10:30am Pickleball (T) 1:00pm Poker (T) 1:00pm

August 2026



Monday	Tuesday	Wednesday	Thursday	Friday
3 CIVIC HOLIDAY CENTRE CLOSED 	4 Pickleball (G) 7:00am Pole Walking (T) 9:00am Gentle Pilates (LD) 9:30am Pickleball (G) 12:00pm Ice T/Lemonade(T) 2:00pm	5 Foot Care Clinic Pickleball (G) 7:00am No Strength & Tone Today Mahjong (LD) 9:00am Men's Coffee Hour (T) & Women's Coffee 10:00am Strength & Tone (CH)10:30am Paint Afternoon (T) 12:30pm Pickleball (T) 1:00pm Canasta (AC) 1:00pm Bid Euchre (AC) 7:00pm	6 Pickleball (G) 7:00am No Gentle Yoga Gentle Pilates (LD) 10:30am No Chair Yoga (AC) 11:15am Pickleball (G) 12:00pm Quilting (T) 1:00pm Kurling (T) 1:00pm Shuffleboard (T) 1:00pm 433 Euchre (AC) 1:00pm Bridge (CH) 1:00pm	7 Pickleball (G) 7:00am Puzzling Pastimes(T)10am Indoor Kite 10:30am Flying (G) Pickleball (T) 1:00pm Poker (T) 1:00pm
10 Pickleball (G) 7:00am Chair Yoga (T) 9:00am Gentle Yoga (T) 10:00am Watercolour Paints (T)1pm Quilting (AC) 12:30pm Pickleball (T) 1:00pm	11 Pickleball (G) 7:00am Bike Riding Club (T) 9:00 am Pole Walking (T) 9:00am Gentle Pilates (LD) 9:30am Pickleball (G) 12:00pm Ice Cream Social(T) 2:00pm Movie Afternoon (LD) 2:00pm	12 Pickleball (G) 7:00am Strength & Tone (T) 8:45am Mahjong (LD) 9:00am Men's Coffee Hour (T) & Women's Coffee 10:00am Strength & Tone (CH)10:30am Pickleball (T) 1:00pm Canasta (AC) 1:00pm Bid Euchre (AC) 7:00pm	13 Soup Social (T) 12pm No Pickleball (G) Gentle Yoga (AC) 9:45a.m. Gentle Pilates(LD)10:30am Chair Yoga (AC) 11:15am No Pickleball (G) Quilting (T) 1:00pm Kurling (T) 1:00pm Shuffleboard (T) 1:00pm 433 Euchre (AC) 1:00pm Bridge (CH) 1:00pm	14 No Pickleball (G) Bocce Ball (T) 10:00am No Indoor Kite Flying (G) Pickleball (T) 1:00pm Poker (T) 1:00pm Travelogue (T) 2:00pm
17 Pickleball (G) 7:00am Chair Yoga (T) 9:00am Gentle Yoga (T) 10:00am Watercolour Paints (T)1pm Quilting (AC) 12:30pm Pickleball (T) 1:00pm	18 Pickleball (G) 7:00am Pole Walking (T) 9:00am Gentle Pilates (LD) 9:30am Pickleball (G) 12:00pm Ice T/Lemonade(T) 2:00pm	19 Pickleball (G) 7:00am Strength & Tone (T) 8:45am Mahjong (LD) 9:00am Men's Coffee Hour (T) & Women's Coffee 10:00am Strength & Tone (CH)10:30am Pickleball (T) 1:00pm Canasta (AC) 1:00pm Movie Afternoon (T) 2:00pm Bid Euchre (AC) 7:00pm	20 Corn Fest 5:30pm No Pickleball (G) Gentle Yoga (AC) 9:35 a.m. Gentle Pilates (LD) 10:30am Chair Yoga (AC) 11:15am No Pickleball (G) Quilting (T) 1:00pm Kurling (T) 1:00pm Shuffleboard (T) 1:00pm 433 Euchre (AC) 1:00pm Bridge (CH) 1:00pm	21 No Pickleball (G) Puzzling Pastimes(T)10am No Indoor Kite Flying (G) Pickleball (T) 1:00pm Poker (T) 1:00pm
24 Pickleball (G) 7:00am Chair Yoga (T) 9:00am Gentle Yoga (T) 10:00am Watercolour Paints (T)1pm Quilting (AC) 12:30pm Pickleball (T) 1:00pm	25 Pickleball (G) 7:00am Pole Walking (T) 9:00am Gentle Pilates (LD) 9:30am Pickleball (G) 12:00pm Ice Cream Social(T) 2:00pm Crafting Corner (CA) 2:00pm	26 Pickleball (G) 7:00am Strength & Tone (T) 8:45am Mahjong (LD) 9:00am Men's Coffee Hour (T) & Women's Coffee 10:00am Strength & Tone (CH)10:30am Pickleball (T) 1:00pm Canasta (AC) 1:00pm Bid Euchre (AC) 7:00pm	27 Pickleball (G) 7:00am Gentle Pilates (LD) 10:30am Gentle Yoga (AC) 9:45a Chair Yoga (AC) 11:15am Pickleball (G) 12:00pm 433 Euchre (AC) 1:00pm Bridge (CH) 1:00pm Thorndale Community Centre Closed	28 Pickleball (G) 7:00am Indoor Kite 10:30am Flying (G) Thorndale Community Centre Closed
31 Pickleball (G) 7:00am Quilting (AC) 12:30pm Thorndale Community Centre Closed			Program Legend (P) – WOW: Over the Phone (G) – Arena Gym (T) – Thorndale Lions Community Centre (W) – Walking Track (LD) – Lions Den (AC) – Activity Centre (CA) - Creative Art Studio (CH) – Lions Community Hall (K) - Kitchen	

