



**Key details to be aware of include:**

- There are no exceptions to these new restrictions; we require all users of our facilities to abide by these rules.
- We continue to not allow any food or drink inside the building, except drinks for active participants.
- At this point, there is no end date for these new Red-Control guidelines, but these new restrictions will be in effect for a **minimum** of 28 days, during this time restrictions could increase, but will not be relaxed/decreased for this period.
- As per regulations, there will be NO access to any changerooms.
- User groups remain responsible to ensure everyone who enters the facility for their rental (participants, coaches, trainers & spectators) completes and submits a health screening form, user groups must keep these documents for a minimum of 30 days. If anyone in your rental group answers “yes” to any of the questions on this form then they **MUST NOT** come to our facility.
  
- **For Ice Users:**
  - There is a new 10-person maximum group size on the ice, plus two coaches. No one beyond that, not even on the bench.
  - Minor Sports can have 10 users and an additional 2 coaches.
  - The ice can no longer be split into two groups.
  - Team sports must not be practiced or played except for training. **NO GAMES OR SCRIMMAGES.**
  - No intentional physical contact.
  - When not participating on the ice, there must be a minimum of two meters between participants (i.e. players sitting on the bench and coaches/trainers behind the bench).
  - Face coverings are required for any coaches and trainers not on the ice.
  - As per regulations, there will be NO access to changerooms. All skaters must attend fully dressed, and skates can be put on in the designated areas that are marked (see attached). All personal belongings are to be brought to the player’s benches.

- No spectators – except players under the age of 18 years of age can have one parent/guardian per family.
  
- **For Gymnasium Users:**
  - There is a new 10-person maximum group size. Minor Sports can have an additional 2 coaches.
  - Gym rentals can have 10 people maximum; the gym divider cannot be utilized for any additional users.
  - As per regulations, there will be NO access to changerooms.
  - When not participating in the sport, there must be a minimum of two meters between people (i.e. players sitting on the bench and coaches/trainers behind the bench).
  - Coaches must wear face coverings at all times.
  
- **Additional Rules for Basketball:**
  - Basketball may only be practiced, no games or scrimmages, training purposes only.
  - Basketball rentals will have to defer to skill development only, with no physical contact, not even any guarding/defense.
  
- **For Track Users:**
  - Track users must sign in before accessing the track, the sign-in sheet is located outside the Administrative Office.
  - Walkers are encouraged to stay on the inside lane and runners on the outside lane.
  - **Masks must be worn at all times, with no exceptions.**
  
- **For Meeting Rooms:**
  - There is a new 10-person maximum in all meeting rooms.
  - Social distancing and masks will remain mandatory in these rooms.

# FlightExec Centre Entrance/Exit Strategy

